

FACIAL TREATMENTS

Lamelle Essentials Hydrating and Calming Treatment	60min	R570
Lamelle Essentials Age Prevention Treatment	60min	R570
Lamelle Essentials Deep Cleanse Treatment	60min	R520
Anti-Aging & Hydrating Peel	30min	R585
Skin Congestion & Acne Peel	30min	R720
Young Start Skin Care Treatment	30min	R300

BODY TREATMENTS

Swedish Massage

Back, neck & shoulder	30min	R400	45min	R500
Full body massage	60min	R600	90min	R700

Aromatherapy Massage

Back, neck & shoulder	30min	R460	45min	R560
Full body massage	60min	R660	90min	R760

Hot Stone Massage

Back, neck & shoulder	30min	R500	45min	R600
Full body massage	60min	R700	90min	R800

Deep Tissue Massage

Back, neck & shoulder	30min	R500	45min	R600
Full body massage	60min	R700	90min	R800

Pregnancy Massage

Back, neck & shoulder	30min	R400
Full body massage	60min	R600

Indian Head Massage

30min R350

G5 - Cellulite & Circulation Treatment (Sessions available)

Full body	60min	R650
Legs / Back	45min	R450

Cupping Massage (Sessions available)

Back & Shoulders	45min	R600
Full Body	60min	R700

HANDS & FEET

Express Manicure	30min	R250
Hand Ritual	60min	R300
Fire & Ice Manicure	60min	R350
Express Pedicure	30min	R250
Sole Delight	60min	R400
Fire & Ice Pedicure	60min	R450
Sole Massage	30min	R350
Foot Peel (includes massage)	45min	R500
Hand / Foot Reflexology	45min	R500
Paraffin Wax (add on)	15min	R200

HYDROTHERAPY

Hydro facilities - (Steam room & Jacuzzi)	30min	R350pp
Detox Therapy pool	30min	R200pp
Steam Room	30min	R200pp
Skin softening hydro bath	30min	R200pp
Jacuzzi	30min	R200pp

COUPLES PACKAGES

Sparkling wine on arrival

Retreat 2 hrs R2300

60 Minute Full Body Relaxing Massages
30 Minutes in our Hydro Facilities (includes Steam room and Jacuzzi)
30 Minutes in our Detox Floatation Therapy Pool

Connect 1 hr 30min R1700

30 Minute Swedish Back, Neck & Shoulder massages
30 Minute Foot Massages
30 Minute Skin Softening Milk Bath (Shared)

Detox 3 hrs R3280

90 Minute Hot Stone Full Body Massages
30 Minute Express Facial - by Skin Creamery
30 Minute Foot Massage
30 Minutes in our Detox Floatation Therapy Pool

Destress 2 hrs 45min R2900

60 Minute Swedish Full Body Massages
30 Minute Indian Head Massages
45 Minute Reflexology
30 Minute Skin Softening Milk Bath (Shared)

Rejuvenate 2 hrs R2020

60 Minute Aroma Full Body Massages
30 Minute Full Body Exfoliation
30 Minutes in our Detox Floatation Therapy Pool

ADDITIONAL SERVICES

Waxing and Tinting services and prices are available upon request
Gift Vouchers
Group Packages
"SPA-RTY" (under 13 group packages)
Monthly Specials

SPA RITUALS

(All rituals include a 30 minute hydrotherapy session)

Signature Spa Ritual	120min	R1130
Exotic Lime and Ginger Glow	90min	R950
Signature Seaweed Massage	120min	R1300
Spa Taster	60min	R800
Mommy to Be	3 Hrs	R1300
Men's Escape	2½ Hrs	R1330
Reiki	60min	R500
Chakra Balancing	90min	R650